Useful video links on YouTube

Point your phone at the QR code to access a YouTube page. Tip: cover up unwanted QR codes.
Please note that these videos are for information only.

Any opinions expressed are not necessarily reflective of AJM Healthcare or the NHS. Be aware of your own capability and ensure that you do not put yourself or others at risk attempting to copy any of the activities in the videos that are beyond your ability.

1. A beginner’s guide to NHS wheelchairs - Part 1 The Parts of a Wheelchair
   http://youtu.be/3DAQdhcGYAI

2. A beginner’s guide to NHS wheelchairs - Part 2 Using a Wheelchair
   http://youtu.be/haDPggXr6rY

3. A beginner’s guide to NHS wheelchairs - Part 3 - Transportation
   http://youtu.be/kcrlDj8Saa4

4. A beginner’s guide to NHS wheelchairs - Part 4 - Maintenance
   http://youtu.be/Blh5slkvJyg

5. A beginner’s guide to NHS wheelchairs - Part 5 Your NHS Wheelchair
   http://youtu.be/QJK-KYk967U

6. Pelvic Belts & Harnesses - A Safety Guide
   https://www.youtube.com/watch?v=opcPuKsm3y8

7. The correct use of tilt and recline
   https://www.youtube.com/watch?v=MOiMDbJQKuM

8. WheelPower Sports Maintenance Video
   https://www.youtube.com/watch?v=qri6uYciEfY

9. How to look after your Powerchair battery
   https://www.youtube.com/watch?v=6a3jBzH783E

10. Ten things to know about buying a transit wheelchair
    https://www.youtube.com/watch?v=jX4BOvLb7s

11. Using an Attendant propelled chair – General tips
    https://www.youtube.com/watch?v=b2mWfFPbTkA

12. Using Self propelled Chair – General tips
    https://www.youtube.com/watch?v=kiYWU8gwDBc